

## **Written Direction to Pensacola Sleep Disorders Center**

2411 Executive Plaza Dr.

Pensacola, FL 32504

(850) 473-9709

1. **FROM CANTONMENT:** Take 29 south to I-10. Get on I-10 heading east and get off at the Davis Highway exit. Go south on Davis Hwy. Turn left onto Airport Blvd. and follow Airport Blvd. all the way to 12<sup>th</sup> Ave. At the light in front of the Pensacola Airport turn left onto 12<sup>th</sup> avenue. Go through the next light, which is College Blvd. Just beyond that light you will see a Karate Sign. Turn right at that sign. That is Executive Plaza. As soon as you turn you will see our two-story stucco building.
2. **FROM GULF BREEZE/NAVARRE:** Take the 3-mile bridge over to Pensacola. Turn right at the Visitor's Center. Go under graffiti-bridge and up to Cervantes Street. Turn right onto Cervantes and cross the bridge at Bayou Texar. Make a left at the first light after the bridge, which is at Perry Street. This will become Bayou Blvd. Take this road all the way to 12<sup>th</sup> avenue. Turn right on to 12<sup>th</sup> (toward the Pensacola Airport) You will go through three traffic lights. (1. at Summit Blvd. 2. at Airport Blvd, and 3. at College Blvd.) Shortly after the light at College you will see a Karate sign on the right hand side of the road. At that sign turn right onto Executive Plaza. Once you turn you will see our two-story stucco building.
3. **FROM PACE/MILTON:** Either take I-10 and follow the direction below, or take Highway 90 through Pace and across the Escambia River Causeway to Pensacola. Turn at the first light at the Tom Thumb onto Scenic Highway. Take Scenic Highway to the light at Langley. Turn right onto Langley. Follow Langley till you reach Tippin, which is at the Walgreens. Turn left onto Tippin heading toward the Pensacola airport. About ¼ of a mile you will see a Karate sign on the left. At that Karate sign turn left. That will be Executive Plaza. (If you reach the next light you have gone too far). Once you turn onto Executive Plaza you will see our two-story stucco building.
4. **FROM I-10:** From Interstate 10 take the Davis hwy Exit and go south on Davis Hwy. Turn left onto Airport Blvd. and follow it all the way to 12<sup>th</sup> Ave., which is in front of the Pensacola Airport. Turn left onto 12<sup>th</sup> Ave. Go through the next light, which is College Blvd. Just beyond that light you will see a Karate Sign. Turn right at that sign. That is Executive Plaza. As soon as you turn you will see our two-story stucco building.